

## EMERGENCY CIVILIAN CASUALTY CARE<sup>SM</sup> – E3C<sup>SM</sup>

This Medical Reserve Corps of Southern Arizona course teaches you the newest advances in lifesaving trauma care from lessons learned in the field treating the injured in Iraq and Afghanistan and will give you practical real-world information and skills that you can use to **save lives in those first critical seconds**. E3C<sup>SM</sup> has been created for civilian training and is based on the military's Tactical Combat Casualty Care (TCCC).

The training was developed by Battalion Chief Kris Blume of the Tucson Fire Department and Sheldon Marks MD. Chief Blume has taught military TCCC to Navy Seals and mass casualty training to government leaders. Dr. Marks has taught wilderness - austere - trauma medicine to Special Operations Command members as well as TCCC to operators being deployed to high threat regions of Afghanistan. Both are active members of the Tucson Police Department SWAT team.

### 3C<sup>SM</sup> Course Hot Topics:

- Understand your role to save lives and not become a victim in those critical first seconds.
  - Tourniquets – Facts and Myths
  - Wound Treatment
  - Bleeding and Shock
  - Community Resilience, Violent Encounters, Bombs, Guns, Knives
  - Hypothermia - Hyperthermia
  - Situational Awareness - Run, Hid, Fight
  - Long Term Power Outages - Electrical Grid Infrastructure
  - Radiation, Nuclear Incidents, Electromagnetic Pulse
- Learn what should be in your personal trauma kit at home, in your vehicle and at work.
- Learn what to do and, just as important, what not to do.



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